



Peach Overnight Oats

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Don't spend your limited time in the morning making breakfast. Try our make-ahead Peach Overnight Oats that combines the tasty flavors of vanilla, honey, and cinnamon with peaches for a delicious breakfast you can whip up the night before. Let it sit in the fridge overnight and you've got a breakfast option waiting for you in the morning.

Ingredients

- 1/2 Cup(s) [Quaker® Oats-Old Fashioned](#)
- 1/2 Cup(s) Low-fat milk
- 1 Teaspoon(s) vanilla
- 2/3 Cup(s) peaches, sliced
- 2 Tablespoon(s) Honey
- 1 Teaspoon(s) Cinnamon
- 2 Teaspoon(s) ground flax

Cooking Instructions

1. Add Quaker® Oats to your container of choice and pour in milk and vanilla.
2. Add a layer of peaches.
3. Top off with honey, cinnamon, and ground flax.
4. Place in fridge and enjoy in the morning or a few hours later.
5. Let steep for at least 8 hours in a refrigerator 40° F or colder.
6. Best to eat within 24 hours.